

## **RACER RULES**

It is every racer's responsibility to familiarize themselves with our Racer Rules. If you have any questions, please feel free to reach to us.

- Parking may be offsite for an event. We recommend you bring a backpack to carry your personal belongings. Racevermont.com is not responsible for any lost or stolen items.
- Please be on time and arrive no later than 10 minutes before the close of registration.
- The use of personal music devices is **HIGHLY DISCOURAGED** but permitted. If you do decide to use your music device, please keep your volume low so you can hear traffic coming your way and our volunteers and/or timing team should they need to get your attention.
- Racevermont.com has no objection to and does not discourage the safe and prudent use of strollers or baby joggers during some of our races. They are not allowed in any race that uses the Ti Path as the path is relatively narrow and it may be difficult to for racers to get by a stroller if there are runners going in both directions. Stroller or baby joggers or similar devices should be started in the back of the runners and walkers if they are allowed.
- Races must be courteous to other racers, volunteers, race officials, spectators at ALL times. Unsportsmanlike behavior will result in disqualification.
- You will be running against traffic where instructed.
- Do not run more than 2 abreast. Running down the middle of the road (or the middle of either lane) is strictly forbidden as the roads continue to be open to traffic.
- All athletes must clearly display their bib #'s on the front of their body (not on the leg) throughout the course. Do not crumple your bib as this could cause damage to your timing chip which may result in the timing system missing you when you cross the mat.
- Race numbers **MUST BE VISIBLE AT ALL TIMES, BUT ESPECIALLY WHEN APPROACHING THE FINISH LINE.**
- **ALL SALES ARE FINAL.** We do not offer any refunds, transfers or credits.
- **NO BANDITS ALLOWED!**