



*RaceVermont.com...Where everyone can be a star!*

Thank you for registering for the Shelburne Farms 5K, October 14, 2017. This is a RaceVermont.com classic complete with views, history, friendly competition and familiar faces.

#### **Racer Rules:**

We want everyone to have an enjoyable experience. Please take a moment to review the

["RACER RULES"](#) before the race.

#### **Pre-race Packet Pickup:**

Racers will be able to pick up their numbers and other relevant items at Fleet Feet Sports in Essex Junction, VT on Friday October 13th from 12:00 - 4:00pm. Fleet Feet Sports is located at 77 Pearl Street, Essex Junction. You are welcome to pick up a packet for a friend or family member as long as that person does not have to sign a waiver.

For those wishing to pick up their packets on race day, check-in opens at 8:00am and CLOSES PROMPTLY 8:45am.

We are recommending you pick up your bib at Fleet Feet the day before, if possible, to avoid longer wait lines on race day.

For the final list of racers, please [click here](#). If anything is wrong with your listing, please email [michelina@racevermont.com](mailto:michelina@racevermont.com). Please be sure to mention your bib number and the race you are registered for.

#### **Shirts:**

If you ordered a race shirt, it will be available for pick up on race day along with your bib OR at Fleet Feet for pre-race pick up. If you do not pick up your shirt by the time the race starts, it will be sold to another racer.

There will be a limited number (and sizes) of the race shirts available for purchase for \$15 each on race day.

#### **The Course:**

This is one of our most popular and scenic races on our series. This is a loop course that begins and ends at the Shelburne Farms Coach Barn. Run past Lake Champlain, through the quaint farm grounds and on to the trails and fields before making your way past the Inn at Shelburne Farms, former home of William Seward and Lila Vanderbilt Webb, on your way to the finish line back at the Coach Barn.

#### **Race Day Timeline:**

8:00 AM- Check-in Begins at the Coach Barn

8:45 AM- Check-in Ends

8:50 AM- Pre-race meeting

9:00 AM- Race Start

9:18 AM- First Finisher

9:50 AM- Last Finisher

10:15 AM- Awards

Please be sure your bib is positioned on the **FRONT** of the shirt you plan on crossing the finish line in. Although this is a chip timed race, our timing team will still need to see your number as you cross. **DO NOT CRINKLE OR FOLD YOUR RACE NUMBER** as this could affect your timing chip.

**When you get back from your run:**

Racers will be treated to bagels/cream cheese by [Bruegger's Bagels](#) of Shelburne, oranges/bananas by Shelburne Market, delicious cookies by Vermont's very own, [Cookie Love](#) and water provided by [Kinney Drugs](#).

**Awards:**

The award ceremonies will acknowledge: Men's 1st, 2nd & 3rd place in each division; Women's 1st, 2nd & 3rd place in each division and 1st place age group awards in each division (5 year increments). Each age group finisher will receive a special pint glass, compliments of our sponsor Magic Hat.

**Raffle:**

Following the award ceremony, a raffle will be held for ALL participants whose names are drawn randomly (must be present to win). Be sure to grab your raffle ticket before the drawing at the food tent.

Please be respectful of the grounds, including the posted speed limits. We are very fortunate to have this as a race venue and plan on continuing for years to come.

Our last 3 races of the season will be here sooner than you know it. If you want to be guaranteed a spot, be sure to register soon.

- [Muddy's Buddies 5K Walk/Run](#) on **Saturday October 21st**. A great event for the family and the pup. A portion of race proceeds will be donated to local animal charities.
- [Fall 5K/10K & Half Marathon](#) on **Sunday November 5th**: This is the last Half Marathon of the season and also one of Active's top 10 Fall courses to run. This race is filling fast!!
- [Jingle Jog](#) on **Saturday November 25th**: Our last race of the season to burn off some Thanksgiving calories and get into the holiday spirit. Join us as we "jingle all the way" through Shelburne.

For more information, click on each race link above.

Thank you for supporting the Racevermont.com 2017 Race Series. The great success of our series is due to your continued participation, the volunteers who help support us, our sponsors and all of our racers throughout the year.

We look forward to seeing you on Sunday!

Be well,

Rayne Herzog, Race Director

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