

Thank you for joining us for Muddy's Buddies 5K Run/Walk on Saturday October 21, 2017. This is a race where we encourage everyone to bring their fury best friend along either for a run or a walk...the more paws, the better!! A portion of all race proceeds will be donated to local animal charities....a puurrfect ending to a puurrfect day! Thank you for making a difference for our fury friends.

Racer Rules:

We want everyone to have an enjoyable experience. Please take a moment to review the "RACER RULES" before the race.

Race Location:

Shelburne Field House 166 Athletic Drive Shelburne, VT 05482

Bib Packet Pickup:

Racers can pick up their numbers on race day. Registration will be open at 8:45am and close at 9:45am.

Event Parking:

Please park at the Shelburne Community School, Shelburne Town Hall or at the Shelburne Railroad Station. All are a short walk to/from the Field House. Parking will not be allowed at the Field House due to the safety of our racers still on the course. The furthest parking distance is approximately 4/10 mile walk to the Field House. We recommend bringing a bag to carry your gear.

There will be NO pre-race day pick up at Fleet Feet for this event.

The Dogs:

There will be a lot of dogs and people at the event. Please be responsible and pick up after your dog. If you have an aggressive dog, we respectfully ask you keep them home as we do not want to create an uncomfortable environment for anyone.

For anyone participating with a dog, be sure to post your favorite picture of your pup on our FB page under the "Let's have some fun with Saturday's Muddies Buddies event" post. The dog with the most votes....WINS a prize and bragging rights. It's that easy!!

The Divisions:

There are 2 divisions for this race: 2-Legged and 6-Legged. <u>Click here</u> for the most recent listing of registered racers and to confirm your division. If you would like to change your division or notice an error in your registration, please contact: <u>michelina@racevermont.com</u>

The Course:

This is an out and back on Harbor Rd and Ti-Haul Trail. The course is relatively flat on pavement and packed gravel. A great course for a PR or just taking a walk with the pup.

Timeline:

8:45-9:45 am Race parking and bib pick-up

9:50 am Pre-race meeting

10:00 am Race start

10:18 am Approximate time of first 5K finisher. Post-race food begins

10:50 am Approximate time of last 5K finisher

11:00 am Awards & post-race raffle (you must be present to win)

REMINDER: This is a self-timed race. We'll provide the big fancy time clock but there will be no official results recorded or posted.

Post race food will be provided by Shelburne Market, <u>Bruegger's Bagels</u> and <u>Vermont Cookie Love</u>. Water will be provided by <u>Kinney Drugs</u>.

Awards:

Prizes will be awarded to the top three finishers in each division: two and six legged divisions. There will NOT be age group prizes.

We hope you'll join us for our final 2 races of the season. For more information, click on the race links below:

Fall 5K/10K & Half Marathon on Sunday November 5th:

Last chance of the season to get that PR in. Our course has been named one of Active's top 10 Fall races. **REGISTRATION IS FILLING FAST!!!**

Jingle Jog 5K on Saturday November 25th:

Time to work off those Thanksqiving calories and spread the holiday spirit through town

Thank you for supporting the Racevermont.com 2017 Race Series. The great success of our series is due to your continued participation, the volunteers who help support us, our sponsors and all of our racers throughout the year.

We look forward to seeing you and the pup soon!

Be well,

Rayne Herzog, Race Director

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