

Congratulations on being a part of the Charlotte Covered Bridge 5K/10K & Half Marathon. It's a great Fall event that many look forward to every year.

Please take a moment to read the pre-race and race-day information below so you know what to expect. If you have any questions, you can always give us a call or send us an email.

Racer Rules:

We want everyone to have an enjoyable experience. Please take a moment to review the "RACER RULES" before the race.

Pre-race Packet Pickup:

Racers will be able to pick up their numbers and other relevant items at <u>Fleet Feet Sports</u> in Essex Junction, VT on Friday September 8th from 12:00 - 4:00pm. Fleet Feet Sports is located at 77 Pearl Street, Essex Junction. You are welcome to pick up a packet for a friend or family member as long as that person does not have to sign a waiver.

For those wishing to pick up their packets on race day, check-in opens at 6:40am and CLOSES PROMPTLY 7:45am

We are recommending you pick up your bib at Fleet Feet the day before, if possible, to avoid longer wait lines on race day.

Shirts:

If you ordered a race shirt, it will be available for pick up on race day along with your bib OR at Fleet Feet for pre-race pick up. If you do not pick up your shirt by the time the award ceremony rolls around, it will be sold to another racer.

There will be a limited number (and sizes) of the race shirts available for purchase for \$15 each on race day.

Race Day Parking:

Parking is at Shelburne Orchards at the corner of Greenbush & Orchard Rd, approximately 1/2 mile way. Please allow yourself time to get to the beach for the start of the race. **WE HIGHLY RECOMMEND CAR POOLING IF POSSIBLE.** You may also want to bring a back pack to carry your items to the beach.

There will be handicap parking available at the beach.

Parking attendants will be on the road directing racers to the designated parking areas.

The Divisions:

There are 3 divisions for this race: 5K/10K & Half Marathon. If you'd like to make sure you're registered in the correct division, please <u>click here</u> for a list of the most up to date registrations. If anything is wrong

with your listing, please email michelina@racevermont.com. Please be sure to mention your bib number and what distance you have registered for.

For a course map, click here.

THERE ARE NO RACE DAY DIVISION CHANGES ALLOWED.

NO BANDITS ALLOWED!

Race start: There will be 2 starts for this race:

Half Marathoners: 8:00am

5K/10K: 8:03am

The Course:

All runners travel up the hill on Beach Road by Police escort, take a right on to Bostwick Rd, then to Orchard Rd.

5K: Runners turnaround at Water Station #1 (mile 1.55) on Orchard Rd and head back to Shelburne Beach.

10K: Runners continue by Water Station #1, take a right on to Lake Rd, then turnaround at Water Station #2 (mile 3.1) at the pedestrian crosswalk located at Charlotte Beach and head back to Shelburne Beach. Note: there will be a toilet at the 10K turnaround.

Half Marathon: Runners travel by Water Stations #1 and #2, then through the Charlotte Covered Bridge, by Water Station #3 (mile 5) then turnaround at Water Station #4 (mile 6.55) and back to Shelburne Beach. **THERE IS A 3 HOUR TIME LIMIT FOR THE HALF MARATHON**

Race Day timeline

6:40-7:45am: Race Day packet pick up at Shelburne Beach

7:50am: Race Director announcements

8:00am: Start of Half Marathon

8:03am: Start of 5K/10K

8:23am: Approximate 5K Finisher 8:43am: Approximate10K Finisher

9:30am: Approximate Half Marathon finisher

9:45am: 5K & 10K Awards Ceremony

11:00am: Last half marathon finisher. RACE COURSE CLOSED AFTER 3 HOURS

11:45am: Half Marathon Award ceremony

Water Station #1 will be covered by our friends, and sponsor, <u>Nationwide Insurance</u>. Make sure to give Jared and his team a HIGH 5 while your there.

Water Station #2 will be covered by our friends from <u>Passion4Paws</u>. Stop by and say hi, you never you know you may just find your new best friend at the race.

Water Stations #3 & 4 will be covered by the great volunteers that make our races possible.

Each water station serves as an emergency contact if needed.

HAVE FUN and SMILE while you're out there! SkiPix photographers will be positioned along the course(s) for some memorable action pictures.

When you get back from your run:

Refreshments:

Racers will be treated to bagels/cream cheese by Bruegger's Bagels of Shelburne, oranges/bananas by Shelburne Market, water by Kinney's, meat sticks by <u>Vermont Smoke & Cure</u>, delicious cookies by Vermont's very own, <u>Cookie Love</u> and ice cold chocolate milk by the milkman at <u>Rise 'n Shine</u>.

Awards:

Race medals will be awarded to ALL finishers at the finish line.

The award ceremonies will acknowledge: Men's 1st, 2nd & 3rd place in each division; Women's 1st, 2nd & 3rd place in each division and 1st place age group awards in each division (5 year increments). Each age group finisher will receive a special pint glass, compliments of our sponsor Magic Hat.

Raffle:

Following the award ceremony for the Half Marathoners, a raffle will be held for ALL participants whose names are drawn randomly (must be present to win). Be sure to grab your raffle ticket before the drawing.

Our next 2 races are back to back weekends so get ready for some fun:

- <u>Shelburne Farms 5K</u> on Saturday October 14th (this race is limited to 175 racers and has sold out in past years)
- <u>Muddy's Buddies 5K Walk/Run</u> on Saturday October 21st. A great event for the family and the pup. A portion of race proceeds will be donated to local animal charities.

For more information, click on each race link above.

Thank you for supporting the Racevermont.com 2017 Race Series. The great success of our series is due to your continued participation, the volunteers who help support us, our sponsors and all of our racers throughout the year.

We look forward to seeing you many more times and sharing your successes along the way.

Be well,

Rayne Herzog

Race Director

Rayne@racevermont.com

802-316-7142