

SPRINT TRIATHLON

500-yard swim / 15.8 mile bike / 5k run

----- = Swim (500 yds.)

→ → → → → = Bike (15.8 mi.)

-•-•-•-•-•-• = Run (3.1 mi.)

Charlotte Beach & Recreation Area

BIKE — 2 LOOPS LAKE/FERRY RD.

