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Dear Racer,

Thank you for registering for the **Cider House Run/Walk on Sunday, September 25, 2011**. You are about to run one of the premier cross county run/ walks in Vermont. You will be treated to a picturesque course that winds its way around the apple trees of Shelburne Orchards. **This a fun family event!!**

Pre-race Packet Pickup: This year, for all of our races, racers will be able to pick up their numbers and other relevant items at Fleet Feet Sports in Essex Junction, VT the day before the race. Fleet Feet Sports is located at 76 Pearl Street (across the street from the Champlain Valley Fairgrounds) and hours of pickup for this particular race will be **Saturday, from noon until 4:00 pm**. You are welcome to pick up a packet for a friend or family member as long as that person does not have to sign a waiver. Those who pick up their packet the day before the race do not need to arrive until just prior to the Pre-Race meeting. For those wishing to pick up their packets on race day, please arrive as early as you are able.

I want to give you a brief overview of the day so you can feel at home when you arrive at Shelburne Orchards located off Orchard Road in Shelburne, Vermont. Here is a breakdown of our day together:

- 10:00 AM-** Registration Begins at the big tent
- 10:45 AM-** Registration Ends
- 10:45 AM-** Pre-Race meeting
- 11:00 AM-** Race Start
- 11:15 AM-** Approx. time **2 Mile** first Run finisher
- 11:26 AM-** Approx. time **4 Mile** Run finisher
- 11:35 AM-** Approx. time last finisher
- 11:45 PM-** Awards
- 12:00 PM-** Time to pick apples (you will receive a bag to pick for every paid registration)

Water and Bagels will be available at the end of the race.

Many thanks to all the volunteers and sponsors (Shelburne Orchards, Fleet Feet of Burlington, Shelburne Health & Fitness, Coca Cola, Vermont Teddy Bear, Shelburne Supermarket, Saucony, Shelburne Vineyards, Epic Hydration, and Team in Training) who make this race possible!!

I look forward to seeing you on **Sunday, September 25, 2011**.

Be well,

Rayne Herzog
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